

## Hypoglycemia Symptoms

### Mild-to-Moderate

- Shaky or jittery
- Sweaty
- Hungry
- Headachy
- Blurred vision
- Sleepy or tired
- Dizzy or lightheaded
- Confused or disoriented.
- Pale

- Uncoordinated
- Irritable or nervous
- Argumentative or combative
- Changed behavior or personality.
- Trouble concentrating
- Weak
- Fast or irregular heartbeat.

### Severe

- Unable to eat or drink.
- Seizures or convulsions (jerky movements)
- Unconsciousness