

# Types, Commonly Affected Joints & Definitions

Osteoporosis

Osteoarthritis (OA)

Rheumatoid Arthritis (RA)

## TYPES

Bone Density

Local, Degenerative

Inflammatory, Systemic,  
Autoimmune

## COMMONLY AFFECTED JOINTS

Hip  
Wrist  
Spine  
Ribs

Hands  
Knees  
Hips  
Spine

Wrists  
Hands  
Knees  
Feet  
Cervical spine